

Programme July- Sept.



Monday	12:00 – 1:30pm Social Session	All
	5:00 – 6:00pm Junior Padel (Under 11)	Ages 6-11
	6:00 – 7:00pm PadelXpress (Serve/return)	All
	7:00 – 8:30pm Intermediate Matchplay	3.0-3.5
Tuesday	4:00 – 7:00pm Intro to Padel	Taster
	7:00 – 8:30pm Improver Matchplay	2.0 – 2.5
Wednesday	11:00 – 12:30pm Social Session	All
	12:30 – 1:30pm Intro to Padel	Taster
Thursday	12:00 – 1:00pm Intro to Padel	Taster
	6:30 – 7:30pm PadelXpress (Volleys)	All
	7:00 – 8:30pm Ladies Matchplay	All
Friday	5:30 – 7:00pm Improver Coaching	2.0 – 2.5
	5:30 – 7:00pm Social Session	All
	7:00 – 8:30pm Intermediate Matchplay	3.0 – 3.5
	8:30 – 10:00pm Beginners Coaching	1.0 – 1.5
Saturday	9:00 – 10:00am Junior Padel	Ages 6-11
	10:00 – 11:00am Junior Padel	Ages 11+
	11:00 – 12:30pm Social Session	All
	12:30 – 1:30pm Intro to Padel	Taster
Sunday	9:30 – 10:30am PadelXpress (overheads)	All
	10:30 – 12:00pm Ladies Coaching	All
	12:30 – 2:00pm Intermediate Coaching	3.0-3.5
	2:00 – 3:00pm Intro to padel	Taster
	4:30 – 6:00pm Social Session	All

See you on court .

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